Lupus Academy Overview 2020
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Lupus Academy Chairs: 2020

The Chairs are rotated on an annual basis by agreement of the Steering Committee. This year the Lupus Academy will be chaired by:

Professor Andrea Doria
Italy

Professor Ronald van Vollenhoven
The Netherlands
**About the Lupus Academy**

The Lupus Academy is an independent medical education initiative led by a group of globally-recognised experts in lupus. It is funded through multiple grants, sponsorship and delegate registration fees.

**Mission Statement**

The Lupus Academy is a long-term initiative committed to improving patient outcomes in systemic lupus erythematosus (SLE) and allied diseases. By providing a highly interactive educational forum, the Lupus Academy is dedicated to sharing best clinical practice through the dissemination and discussion of cutting-edge scientific and clinical research.

**Short History and Overview of Forthcoming Activities**

The Lupus Academy provides engaging, interactive and leading edge education to physicians from around the world. Since 2012 the Lupus Academy has developed over 90 hours of live and enduring accredited CME activities and reached over 3000 learners with an interest in lupus.

The Lupus Academy hosts an annual meeting, which serves as the gathering point for the educational programme year, as well as further activities subject to the level of funding we receive. Each year the Lupus Academy has been able to offer further educational activities, such as regional meetings, roadshow meetings, enhancing its library of educational content and CME e-learning, and support for publications. By offering these multiple channels of education, the Lupus Academy Steering Committee ensures that all educational materials it develops are used in ways that can meet the educational needs of as many practicing ‘lupologists’ as possible and make a difference to the treatment and lives of patients with lupus.

The Lupus Academy currently evaluates all of its educational activities to Moore’s Level 4 outcomes (Competence) and is planning on developing practice-based evaluations to assess its educational activities to Level 5 outcomes (Performance). Our education is based on a rolling needs-assessment process, which identifies the clinical needs we must focus our education on, and regularly highlights the need for our learners to implement the effective management protocols for treating the various manifestations of lupus, understand updates to classification criteria and treatment regimens, and keep up to date with cutting-edge developments and techniques in research and clinical practice.

**Reference**


**Figure.** Evolution of the Lupus Academy’s Educational Activities.
Steering Committee

The Lupus Academy is led by a Steering Committee of 12 international specialists in lupus, collectively providing a global view on lupus and best clinical practice. The Lupus Academy Steering Committee is committed to providing education and improving clinical practice through presentation and discussion of cutting-edge diagnostic and management issues relating to lupus.

Professor Zahir Amoura
France

Professor Eloisa Bonfa
Brazil

Professor Ricard Cervera
Spain

Professor Andrea Doria
Italy

Professor Thomas Dörner
Germany

Professor Richard Furie
USA

Professor Bevra Hahn
USA

Professor David Isenberg
UK

Professor Bernardo Pons-Estel
Argentina

Professor Sandra Navarra
Philippines

Professor Ronald van Vollenhoven
Netherlands

Professor Murray Urowitz
Canada

More details about the Steering Committee and the Lupus Academy’s educational activities can be found on the Lupus Academy’s website: lupus-academy.org.
In recent years the Lupus Academy has significantly expanded its educational offering and collaborations with like-minded partners, and has become a leading global provider of medical education in lupus. The Lupus Academy is currently developing its educational programme for 2019, including annual and regional meetings, expanding its online curriculum for its redeveloped eLearning platform, EULAR eLearning programme, quarterly newsletters, peer-reviewed publications, posters and a clinical practice audit.
Lupus Academy: Planned Activities (2020)

Recent and emerging developments in research and clinical practice are bringing new diagnostic and treatment strategies to patients afflicted by lupus. The Lupus Academy’s 2020 educational programme will cover latest developments in lupus research, diagnosis and management through global and regional meetings, eLearning and continued development of enduring education materials hosted on the Lupus Academy’s website. This 2020 educational programme will be offered with CME credit. The development of each of the following materials is dependent on provision of educational funding.

9th Annual Meeting: Florence (Italy)
The Lupus Academy is currently planning its 9th Annual Meeting programme, which will take place in Florence, Italy, 11–13th September 2020. The 9th Annual Meeting of the Lupus Academy will attract a target audience of 150–200 new and established specialists who treat patients with SLE.

Table: 9th Annual Meeting: Preliminary Scientific Programme Including Proposed Faculty.

<table>
<thead>
<tr>
<th>Date</th>
<th>Session</th>
<th>Topic</th>
<th>Faculty</th>
</tr>
</thead>
<tbody>
<tr>
<td>11th September 2020</td>
<td>Keynote</td>
<td>Understanding and treating SLE: A new era is dawning</td>
<td>Ronald van Vollenhoven (NL)</td>
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<tr>
<td>12th September 2020</td>
<td>Debate</td>
<td>The IFN biomarker and IFN inhibition</td>
<td>Richard Furie (USA), Tom Huizinga (NL)</td>
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<tr>
<td>11th September 2020</td>
<td>Plenary</td>
<td>Measuring SLE disease activity in 2020: Perspectives from clinical research</td>
<td>Luis Ines (PT)</td>
</tr>
<tr>
<td>11th September 2020</td>
<td>Plenary</td>
<td>Lifestyle for lupus patients: Exercise, diet, and well-being: Perspectives from clinical practice</td>
<td>Marta Mosca (IT)</td>
</tr>
<tr>
<td>11th September 2020</td>
<td>Plenary</td>
<td>Use of biologics during pregnancy and lactation: Lessons from other rheumatological diseases</td>
<td>Rebecca Fischer-Betz (GER)</td>
</tr>
<tr>
<td>12th September 2020</td>
<td>Hot Topic</td>
<td>Optimal assessment and monitoring of SLE patients in clinical practice</td>
<td>Alexandre Voskuyl (NL)</td>
</tr>
<tr>
<td>12th September 2020</td>
<td>Workshop</td>
<td>Management of refractory skin lupus</td>
<td>Annegret Kuhn (GER), Caproni Marzia (IT)</td>
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<tr>
<td>12th September 2020</td>
<td>Workshop</td>
<td>Management of cardiovascular risk in SLE</td>
<td>Murray Urowitz (CAN), Thomas Dörner (GER)</td>
</tr>
<tr>
<td>12th September 2020</td>
<td>Workshop</td>
<td>Fertility and pregnancy issues in patients with lupus nephritis</td>
<td>Angela Tincani (IT), Rebecca Fischer-Betz (GER)</td>
</tr>
<tr>
<td>12th September 2020</td>
<td>Workshop</td>
<td>Rare disease manifestations in SLE</td>
<td>Zahir Amoura (FR), Richard Furie (USA)</td>
</tr>
<tr>
<td>12th September 2020</td>
<td>State-of-the-art</td>
<td>Diagnosis and treatment of neuropsychiatric lupus</td>
<td>Marcello Govoni (IT)</td>
</tr>
<tr>
<td>12th September 2020</td>
<td>Plenary</td>
<td>Novel advances in 2020 - Low-dose IL-2</td>
<td>Gabriele Riemekasten (GER)</td>
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<tr>
<td>12th September 2020</td>
<td>Plenary</td>
<td>Novel advances in 2020 - Plasma-cell directed therapies</td>
<td>Reinhard Voll (GER)</td>
</tr>
<tr>
<td>12th September 2020</td>
<td>Plenary</td>
<td>Novel advances in 2020 - IL-12/23 directed therapies</td>
<td>Bevra Hahn (USA)</td>
</tr>
<tr>
<td>12th September 2020</td>
<td>Plenary</td>
<td>Novel advances in 2020 - Novel intracellular pathways</td>
<td>Thomas Dörner (GER)</td>
</tr>
<tr>
<td>13th September 2020</td>
<td>Hot Topic</td>
<td>Remission and low disease activity: New targets for treatment</td>
<td>George Bertsiás (GR)</td>
</tr>
<tr>
<td>13th September 2020</td>
<td>Hot Topic</td>
<td>Belimumab helps lupus patients to achieve lupus targets</td>
<td>Andrea Doria (IT)</td>
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<tr>
<td>13th September 2020</td>
<td>Hot Topic</td>
<td>Microangiopathy in SLE: A diagnostic and therapeutic challenge</td>
<td>Maria Tektonidou (GR)</td>
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<td>13th September 2020</td>
<td>Hot Topic</td>
<td>Can we withdraw low-dose prednisone in remitted patients?</td>
<td>Zahir Amoura (FR)</td>
</tr>
<tr>
<td>13th September 2020</td>
<td>Roundtable</td>
<td>Refractory lupus nephritis</td>
<td>Sandra Navarra (Philippines)</td>
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<tr>
<td>13th September 2020</td>
<td>Roundtable</td>
<td>Refractory lupus cytopenias</td>
<td>David Isenberg (UK)</td>
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<tr>
<td>13th September 2020</td>
<td>Roundtable</td>
<td>Refractory musculoskeletal manifestations</td>
<td>Bernardo Pons-Estel (Argentina)</td>
</tr>
<tr>
<td>13th September 2020</td>
<td>Roundtable</td>
<td>Refractory and/or catastrophic APS in SLE</td>
<td>Ricard Cervera (Spain)</td>
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Roadshows and Regional Meetings
Each year the Lupus Academy supports a number of regional meetings in collaboration with local institutes. We are currently planning regional meetings, with each meeting expected to attract 100-150 physicians with a specific interest in lupus. These meetings will utilise existing content from previous Lupus Academy Annual Meeting programmes and local case study-based workshops, providing the same opportunities for interactive learning among physicians treating lupus globally.

Lupus Academy regional meetings differ from roadshow meetings in that they are multiple day programmes and held at a meeting venue rather than an academic institute.

eLearning Programmes

The Lupus Academy is pleased to have developed a comprehensive and formal curriculum in SLE for EULAR, comprising 12 indepth learning modules of lupus education. These modules are currently being prepared for launch.

In addition to the existing modules focusing on pregnancy, patient reported outcomes and cardiovascular and renal lupus manifestations, the Lupus Academy also continues to develop its independent accredited CME eLearning programme that provides a comprehensive and up-to-date resource for physicians treating lupus around the world.

Table: Lupus Academy eLearning Curriculum Development 2019–2020 (Including Faculty).

| 1. | Physiopathology, Epidemiology and Classification (Prof. Murray Urowitz) |
| 2. | Immunology (Prof. Thomas Dörner) |
| 3. | Activity and Damage Indices (Prof. David Isenberg) |
| 4. | Cutaneous Lupus (Prof. Annegret Kuhn) |
| 5. | Neuropsychiatric Lupus (Prof. Zahir Amoura) |
| 6. | Other Organ Involvement (Prof. Andrea Doria) |
| 7. | Antiphospholipid Syndrome (Prof. Ricard Cervera) |
| 8. | Haematological Lupus (Prof. Guillermo Pons-Estel, Pons-Estel) |
| 9. | Planning and Managing Pregnancy in SLE (Prof. Munther Khamashta) |
| 10 | Lupus Nephritis: (Prof. Bevra Hahn, Prof. Rich Furie) |
| 11 | Treat-to-Target in SLE (Prof. Ronald van Vollenhoven) |
| 12 | Patient Reported Outcomes (Prof. Sandra Navarra) |

Presentation Library
As the Lupus Academy continues to provide its annual and regional meeting programmes, presentations are recorded and made available to the Lupus Academy community. This repository of the latest in lupus education currently comprises >60 lectures, which can be used for personal educational benefit, or as a resource to support the delivery of small team meetings for physicians (who are unable to attend the Lupus Academy Annual Meeting or other larger Lupus Academy-endorsed meetings) to provide current education about lupus. The continued development of this resource is fundamental for the development and delivery of scientific programmes for regional meetings.
Newsletters
Development of quarterly newsletters in collaboration with our Steering Committee members provides a continuous update of regional educational activities, opinion pieces and interviews offering insight into the latest developments in research, education and clinical practice from around the world. These newsletters will help ensure our members are kept up to date across all the activities the Lupus Academy has planned each quarter.

Meeting Highlights Reports
Following each annual and regional meeting, the Lupus Academy develops fully referenced highlights reports detailing the key learning objectives and content from each of its plenary sessions. These reports provide comprehensive insights into key topics in lupus research and clinical practice, ensuring our members are kept up to date with education provided at each of its annual and regional meetings, whether they are able to attend the meeting or not.

Publications
The Lupus Academy’s first 6 years was presented as a Poster at EULAR 2017 (17-2073). The Lupus Academy plans to develop a peer reviewed publication based on this poster, highlighting the experiences of the Steering Committee and Organising Committee in developing what has become the provider of Lupus Education in Europe and Beyond. An early report on how Lupus Academy was established has also been published in the Journal of European CME.1

Real World Evidence Longitudinal Study
Insights into clinical practice are a valuable core of the Lupus Academy’s interactive meeting programmes, providing a platform on which physicians can exchange clinical practice experience and learn from interactive case studies. The Lupus Academy is planning the development of a multinational (Europe) Real World Evidence longitudinal study to map evolving practice, from physician and matched-patient/patient reported outcomes experience, in collaboration with Lupus Europe. This study will proceed subject to a minimum of three companies sponsoring.

Reference
Continuing Medical Education

All Lupus Academy activities are initiated and developed by the Lupus Academy Steering Committee and invited faculty, independently of any financial supporters. Each activity is developed according to relevant CME standards and where appropriate submitted for accreditation to the respective CME accreditation authority.

It is possible to gain CME credit from all Lupus Academy educational activities. We secure the most appropriate CME credit for the audience of the activity. We work in Joint Providership with an ACCME accredited provider to offer AMA PRA Category 1(TM) credits which are recognised globally as well as in the US, we also apply to the relevant national CME body for the Roadshows, as well as European CME bodies, such as the UEMS-EACCME whose credits are also recognised internationally.

Contact Information

Lupus Academy Foundation
For questions about the Lupus Academy in the first instance please contact Nicole Elzebroek:

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