About the Lupus Academy: 2018
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Lupus Academy Chairs: 2018

The Chairs are rotated on an annual basis by agreement of the Steering Committee. This year the Lupus Academy will be chaired by:

Co-Chair
Professor Bevra Hahn
USA

Co-Chair
Professor Murray Urowitz
Canada
About The Lupus Academy

The Lupus Academy is an independent medical education initiative led by a group of globally-recognised experts in lupus. It is funded through multiple grants, sponsorship and delegate registration fees.

Mission Statement
The Lupus Academy is a long-term initiative committed to improving patient outcomes in systemic lupus erythematosus (SLE) and allied diseases. By providing a highly interactive educational forum, the Lupus Academy is dedicated to sharing best clinical practice through the dissemination and discussion of cutting edge scientific and clinical research.

Short History of the Lupus Academy and Overview of Forthcoming Activities
The Lupus Academy provides engaging, interactive and leading edge education to physicians from around the world. Since 2012 the Lupus Academy has developed over 90 hours of CME-accredited education and reached over 2,200 learners with an interest in Lupus.

The Lupus Academy hosts an annual meeting, which acts as the gathering point for the educational programme year as well as further activities subject to the level of funding we receive. Each year the Lupus Academy has been able to offer further activities, such as regional meetings, roadshows, enhancing our library of educational content as well as formal CME e-learning, and support for publications.

By offering these multiple channels of education, the Lupus Academy Steering Committee ensures that all educational materials it develops are used in ways that can meet the educational needs of as many practicing ‘lupologists’ as possible and make a difference to the treatment and lives of patients with lupus.

The Lupus Academy currently evaluates all of its educational activities to Moore’s Level 4 outcomes (Competence) and is planning on developing practice-based evaluations in 2018 to assess its educational activities to Level 5 outcomes (Performance). Our education is based on a rolling needs-assessment process, which identifies the clinical needs we must focus our education on, and regularly highlights the need for our learners to implement the effective management protocols for treating the various manifestations of lupus, understand updates to classification criteria and treatment regimens, as well as keep up to date with cutting edge developments and techniques in research and clinical practice.

Reference

Figure. Evolution of the Lupus Academy's Educational Activities.
Steering Committee
The Lupus Academy is currently led by a Steering Committee of 12 international specialists in lupus, collectively providing a global view on lupus and best clinical practice. The Lupus Academy Steering Committee is committed to providing education and improving clinical practice through presentation and discussion of cutting edge diagnostic and management issues relating to lupus.

More details about the Steering Committee and the Lupus Academy’s educational activities can be found on the Lupus Academy’s website: http://lupus-academy.org/
In recent years the Lupus Academy has significantly expanded its educational offering and collaborations with like-minded partners, and has become a leading provider of medical education in lupus around the world. The Lupus Academy is currently developing its educational programme for 2018, which includes annual and regional meetings, expanding its online curriculum for its redeveloped eLearning platform, quarterly newsletters, peer-reviewed publications, posters and a clinical practice audit.

Lupus Academy’s Current Learner Profile

The Lupus Academy has been providing CME accredited education meetings and eLearning for over 6 years. With over 2200 learners from around the world, the Lupus Academy is committed to providing up to date and continuous education to those managing Lupus in their daily practice.

Figure. Lupus Academy’s Global Community: >2200 Physicians and Scientists.
Lupus Academy Planned Activities: 2018

Recent and emerging developments in research and clinical practice are bringing new diagnostic and treatment strategies to patients afflicted by SLE. The Lupus Academy’s 2018 educational programme will cover latest developments in lupus research, diagnosis and management through global and regional meetings, eLearning and continued development of enduring education materials hosted on the Lupus Academy website. This 2018 educational programme will be offered with CME credit. The development of each of the following materials is dependent on provision of educational funding.

7th Annual Meeting: Rio de Janeiro (Brazil)

The Lupus Academy is currently planning its 7th Annual Meeting programme, which will take place in Rio de Janeiro, Brazil, 6–8th September 2018, in collaboration with the Brazilian Congress of Rheumatology 2018. The Lupus Academy will be responsible for the lupus content of the programme, which will attract a target audience of 350–500 new and established specialists who treat SLE. The Lupus Academy is excited to be responsible for running the SLE track for this important regional congress.

Table: 7th Annual Meeting: Outline Scientific Programme.

6TH SEPTEMBER 2018

Opening Address

Keynote Lectures

• Which lupus is it? Phenotyping lupus in 2018
• Evolution of SLE classification criteria
• New SLE classification criteria: Beyond SLICC
• Understanding pathogenic B-cell functions in SLE: New therapeutic targets?

7TH SEPTEMBER 2018

Plenary I: What’s New in Lupus Nephritis

• Classification of lupus nephritis: What’s new?
• Emerging therapies for lupus nephritis
• Lupus nephritis: Dialysis and transplant

Case Study Workshops (Repeated AM&PM)

• Lupus and infection versus/plus flare
• Juvenile and adolescent lupus
• Haematologic lupus
• Lupus overlap syndromes
• Lupus: Family planning and pregnancy
• Lupus and cancer

Plenary II: Treat-to-Target: Clinical and Patient Outcomes

• Current treatment targets in lupus
• Remission and low disease activity as a treatment targets in lupus
• Quality of life as a treatment target in lupus

8TH SEPTEMBER 2018

Plenary III: Management of Lupus

• Biomarkers to predict flares
• Preventing damage (atherosclerosis, bone disease, infection and malignancy)

Curbside Consults

• Three short challenging cases

Plenary IV: CNS Disease

• Clinical phenotypes and the management of neuropsychiatric lupus
• Update on imaging in neuropsychiatric lupus

Roadshow Meetings: Paris (France), London (UK) and Asunción (Paraguay)

Each year the Lupus Academy support a number of regional meetings in collaboration with local institutes. We are currently planning three meetings, in Paris, London and Amsterdam in the first half of 2018, with each meeting expected to attract 100–150 physicians with a specific interest in SLE. These meetings will utilise existing content from previous Lupus Academy annual meetings and local case-based workshops, providing the same opportunities for interactive learning among physicians treating lupus across Western Europe. With additional funding we plan to deliver further meetings, especially in Southeast Asia where we have delivered several meetings in recent years.
eLearning Programme
The Lupus Academy continues to develop its CME-accredited eLearning course that provides a comprehensive and up-to-date resource for clinicians treating lupus around the world. In addition to the existing modules focusing on pregnancy, patient reported outcomes and cardiovascular and renal lupus manifestations, the Lupus Academy has committed to developing, over the next three years, a comprehensive and formal curriculum in SLE, comprising 12 in-depth learning modules of lupus education. The courses have been planned and work has already started on the content, the first module will be launched in mid-2018.

Table: Lupus Academy eLearning Curriculum Development 2018–2019 (Including Proposed Faculty).

<table>
<thead>
<tr>
<th>No.</th>
<th>Module Title</th>
<th>Proposed Faculty</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Physiopathology, epidemiology and classification (Prof. Murray Urowitz)</td>
<td>7. Antiphospholipid Syndrome (APS) (Prof. Ricard Cervera)</td>
</tr>
<tr>
<td>2.</td>
<td>Immunology (Prof. Thomas Dörner)</td>
<td>8. Lupus and the heart (Prof. Ian Bruce)</td>
</tr>
<tr>
<td>3.</td>
<td>Activity and damage indices (Prof. David Isenberg)</td>
<td>9. Planning and managing pregnancy in SLE (Prof. Munther Khamashta)</td>
</tr>
<tr>
<td>4.</td>
<td>Cutaneous lupus (Prof. Annegret Kuhn)</td>
<td>10. Lupus nephritis: (Prof. Bevra Hahn, Prof. Rich Furie, Prof. David Isenberg)</td>
</tr>
<tr>
<td>5.</td>
<td>Neuropsychiatric lupus (Prof. Zahir Amoura)</td>
<td>11. Treat-to-target in SLE (Prof. Ronald van Vollenhoven)</td>
</tr>
<tr>
<td>6.</td>
<td>Other organ involvement (Prof. Andrea Doria)</td>
<td>12. Patient reported outcomes (Prof. Sandra Navarra)</td>
</tr>
</tbody>
</table>

Presentation Library
As the Lupus Academy continues to provide its annual and regional meeting programmes, presentations are captured and made available to the Lupus Academy community. This repository of the latest in lupus education currently comprises 62 lectures, which can be used for personal educational benefit, or as a resource to support the delivery of small team meetings for physicians (who are unable to attend the Lupus Academy annual meeting or other larger Lupus Academy-endorsed meetings) to provide current education about lupus. The continued development of this resource is fundamental for the development and delivery of scientific programmes for regional meetings.

Newsletters
Development of quarterly newsletters in collaboration with our Steering Committee members provides a continuous update of regional educational activities, opinion pieces and interviews offering insight into the latest developments in research, education and clinical practice from around the world. These newsletters will help ensure our members are kept up to date across all the activities the Lupus Academy has planned each quarter.

Meeting Highlights Report
Following each annual and regional meeting, the Lupus Academy develops fully referenced highlights reports detailing the key learning objectives and content from each of its plenary sessions. These reports provide comprehensive insights into hot topics in lupus research and clinical practice. These highlights reports ensure our members are kept up to date with education provided at each of its annual and regional meetings, whether they are able to attend the meeting or not.

Publications
The Lupus Academy first 6 years was presented as a Poster at EULAR 2017 (17-2073). The Lupus Academy plans to develop a peer reviewed publication, based on this poster, highlighting the experiences of the Steering Committee and Organising Committee in developing what has become the provider of Lupus Education in Europe and Beyond. An early report on how Lupus Academy was initially set up was published in the Journal of European CME.¹

Reference
Clinical Practice Survey

Clinical practice insights are a valuable core of the Lupus Academy’s interactive meeting programmes, providing a platform on which clinicians can exchange clinical practice experience and learn from interactive case studies. The Lupus Academy is planning the development of a clinical-based study in lupus to survey current approaches to treating lupus. This survey will reach out to >200 clinicians who have already expressed willingness to participated in the survey. The survey will identify gaps in treatment and elucidate the longitudinal experience of the patient. Findings will be published in a peer reviewed journal and help shape future educational goals.
Lupus Academy: Collaborations and Relationships

The Lupus Academy works in collaboration with a number of organisations and is aiming and working to intensify various aspects of these partnerships including:

• Relationships with a number of medical societies and scientific meetings, including EULAR, LUISA, GLADEL and the Brazilian Rheumatology Society
• Lupus Academy journal partner: Lupus Science & Medicine
• Patient advocacy groups: Lupus Europe
• Lupus Academy is the “dissemination partner” in a Horizon 2020 (European Commission-funded project)
• Developing possible further collaborations with the European Reference Networks (ERN)

Continuing Medical Education

Lupus Academy activities are developed and presented according to international Continuing Medical Education (CME) standards, and as such are either certified for AMA credit by Siyemii Learning, an ACCME-accredited provider and a member of the Lupus Academy consortium, or submitted for accreditation to the European Union of Medical Specialists - European Accreditation Council for CME (UEMS-EACCME), or the relevant national accreditation body.

Contact Information

Lupus Academy Secretariat
For questions about the Lupus Academy in the first instance please contact Nicole Elzebroek at secretariat@lupus-academy.org
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